# Program for the Formation of Vincentian Spiritual Moderators

# for Local Associations of the Ladies of Charity of the United States of America

**Description**

The Ladies of Charity USA formation program for Vincentian Spiritual Moderators will consist of the following components:

* An eight-hour program
* Mentoring by an experienced VSM for one year
* Zoom conference calls with all candidates during the mentoring year
* Mentor endorsement at the conclusion of the mentoring year
* Ongoing opportunity for networking and spiritual development each year at the National Assembly

This program will provide CERTIFICATION and will be an expectation for any new Vincentian Spiritual Moderator.

**Goals of the Program:**

* To clarify the importance of the role and responsibilities of the VSM
* To provide consistency across the Local Associations throughout the USA
* To provide education and resources on Vincentian spirituality, history, tradition and charism
* To prepare lay women, who are living the Vincentian way of life as Ladies of Charity, to assume the role of VSM, a role previously held by consecrated women

**Format of the Day**

A combination of

* Presentations including Power Point and other Media
* Quiet reflection and journaling
* Group discussion

**Content**

* Introduction to AIC and LCUSA in the Church Today (contextualized in Vatican documents, including the universal call to holiness/role of the laity in the Church)
* Vincentian Saints – Vincent, Louise, Elizabeth Ann Seton
* History of the Confraternities of Charity (Ladies of Charity) in Paris
* History of the Ladies of Charity in the US
* Introduction to the Vincentian Family
* Vincentian Spirituality and the virtues of the Ladies of Charity
* Qualities of a Vincentian Spiritual Moderator
* Responsibilities of a Vincentian Spiritual Moderator
* Skills for facilitating prayer experiences and reflection
* Understanding and practice of Apostolic Reflection
* Explanation of Mentoring Program and assignment of mentors

**Commissioning Service and Certification Revised 9-3-2021**